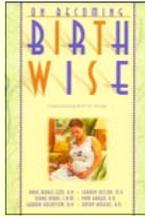


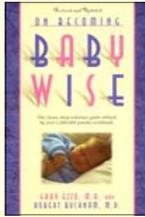
BIRTH WISE (*Pre-birth to Birth*)

Medical research continually develops better ways to manage labour and delivery for healthy outcomes. As an outgrowth of a childbirth course created in 1989 by a group of health-care providers knowledgeable and skilled in labour and delivery, this resource is a must-read for every expectant parent. Our authors explore the medical options available from high-tech intervention to natural childbirth. You will grow in your understanding and appreciation of the physical and emotional transitions taking place during pregnancy and at each stage of labour. Perhaps most importantly, this book is written from the hearts of mums who are also medical professionals, and we know this resource will serve to encourage you through the miraculous process of bringing forth a new life.



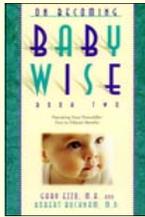
BABY WISE (*Birth to 8 Months*)

The infant management concepts presented in this book have found favour with over two million parents and twice as many contented babies, and bring hope to the tired and bewildered parents looking for an alternative to sleepless nights and fussy babies. The Babywise Parent Directed Feeding concept has enough structure to bring security and order to your baby's world, yet enough flexibility to give mum freedom to respond to any need at any time.



BABY WISE TWO (*5 to 15 Months*)

You are at least five months into your tour of parenting duty by now. The complexity of child-training has begun to come into focus. Feeding time, wake time and sleep time provide wonderful opportunities for training and Babywise Book II will guide you all the way, from the high chair to playpen, from the living room to the back yard, the practical side of introducing solids food, managing mealtimes, nap transitions, travelling with your infant, setting reasonable limits while encouraging healthy exploration, and much more. Learn how to teach your child to use sign language for basic needs, a tool proven to help stimulate cognitive growth.



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ABOUT THE AUTHORS

Gary Ezzo, M.A. serves as the executive director of Growing Families International and Parent-Wise Solutions, Inc. He and his wife, Anne Marie, have authored a number of parenting curriculum translated into fifteen languages and utilized by more than two million households. The Ezzos have two daughters, six grandchildren, and reside in South Carolina.

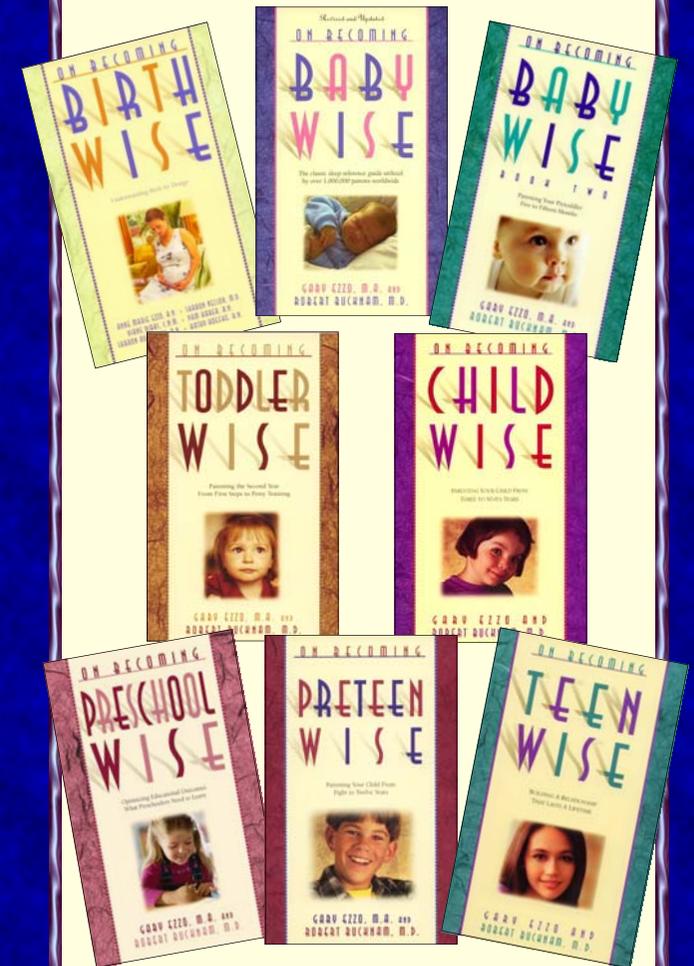
Robert Bucknam, M.D, F.A.A.P. is the founder and director of Cornerstone Paediatrics in Louisville, Colorado, where he resides with his wife Gayle, and their four sons.

"Finally we have available in Australia practical, easy to read parenting guides for all phases of parenting that work! We enthusiastically recommend them as a vital road map, not only for parents, but for all who share in the nurturing of our precious children."

Bill and Joan Grosser
National Directors,
Growing Families Australia



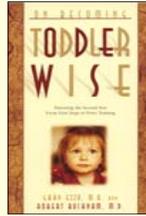
INTRODUCING THE **ON BECOMING** PAPERBACK SERIES



ON BECOMING SERIES NOW COMPLETE

TODDLER WISE (*Parenting the 2nd Year*)

There is no greater fulfilment a parent can receive than the upturned face of a toddler, eyes speaking wonders and a face of confidence in discovering a brand new world with Mum and Dad. In just over a year, the helpless infant emerges as a little moving, talking, walking, exploratory person marked by keen senses, clear memory, quick perceptions and unlimited energy. He emerges into a period of life known affectionately as the Toddler Years. How ready are you for this new experience?



The toddler years are the learning fields and you need a trustworthy guide to take you through the unfolding maze of your child's developing world. On Becoming Toddlerwise is a tool chest of workable strategies and ideas that multiplies your child's learning opportunities in a loving and nurturing way. This resource is as practical as it is informative. With over two million homes to their credit, trusted parenting authors Gary Ezzo and Dr. Robert Bucknam bring their collective wisdom, experience, and insights to bear on this critical phase of growth and development. From first steps to potty training made easy and everything in between, it is all here for you.

PRESCHOOL WISE (*Preschooler Child*)

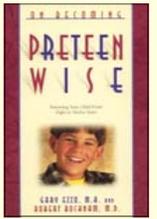
Who can understand the mind of a preschooler? You can! Know that above all else, a preschooler is a learner. His amazing powers of reasoning and discrimination are awakened through a world of play and imagination. Through home relationships, he learns about love, trust, comfort, and security; through friends he learns to measure himself against a world of peers; and through unconditional love, a child establishes his own unique selfhood. The growth period between ages three and five years is all about learning, and *On Becoming Preschoolwise* is all about helping parents create the right opportunities and best environment to optimize their child's learning potential.



Trusted parenting authors Gary Ezzo and Dr. Robert Bucknam once again bring their collective wisdom, experience, and insight to bear on this critical phase of preschool training. From teaching about the importance of play to learning how to prepare a preschooler for the first day of school, from organizing your child's week to understanding childhood fears and calming parental anxiety, sound advice and practical application await the reader.

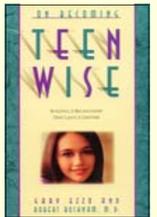
PRETEEN WISE (*8 to 12 Years*)

Offers clear strategies for parenting pre-adolescent children, including insulating them from harmful peer pressure, encouraging harmony at home, and building future friendships with grown children. *Relationally proactive* is a key concept at this stage, because the dynamics associated with encouraging your middle years child are different from those involving your younger child. We encourage younger children out of the context of our authority and in order to bring about right behaviour. We encourage our middle years children out of the context of our growing relationship and in response to our relationship.



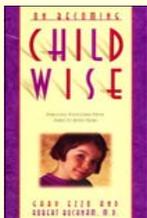
TEEN WISE (*The Teen Years*)

This book is written for two types of readers. First, it is for parents who find themselves lost and in trouble, with teens in a state of relational tension (rebellion). If this is you, be assured that we offer in these pages an explanation of where relational tension with teens does and doesn't come from, what to do about it, and directions for how to get your family headed back toward earth. This book is also for families in which all is going well.



These readers' children have entered or are on the brink of adolescence, and the journey seems to be moving along nicely. These readers want to know how to maintain this smooth sailing through what is reportedly a turbulent age. Perhaps they have raised their children with the whole On Becoming series and simply want to keep a good thing going. If this is you, you can rest assured that you'll find what you're looking for, too, in Teen Wise.

Now influencing over two million homes worldwide



CHILD WISE (*From 3 to 7 Years*)

As a child moves beyond the toddler years, new challenges arise for parents. Nurture your child's uniqueness while setting loving boundaries on his/her world, and sow the seed for a rich harvest in the teen years ahead.

You became a parent overnight... but it takes much longer to become child wise. Just when you master the baby stage, greater challenges arise. Intellect, self-awareness, curiosity, and social roles are emerging -

requiring consistent, caring guidance from you. Equip yourself with more than 15 On Becoming Childwise Principles for training kids in the art of living happily among family and friends. Foster the safe, secure growth of your child's self-concept and worldview. Shows you how to raise emotionally balanced, intellectually assertive, and morally sensible children. It's the essential guidebook for the adventurous years from toddler to primary school.

8 Paperback books that teach down-to-earth parenting wisdom

Unique Insight into the perspective of parenting your child