

AVW / GKGW - Touchpoints of Love for Your Children

Designed by Gary and Joy Hanson

Do you know each family member's love language? Here is an exercise that we want you and your kids to try. Within each group, rate the sentence 1 to 5 **according to what would make you feel most appreciated and loved**. The number 5 represents what you most appreciate; number 1, in contrast, is what you least appreciate in each group. (No individual grouping can have a number repeated twice.)

Group One

- A ____ Mum or Dad says, "You really did a great job on that. I appreciate it."
- B ____ Mum or Dad unexpectedly does something in or around the house or your room that you appreciate.
- C ____ Mum or Dad brings you home a surprise treat from the store.
- D ____ Mum or Dad invites you to go on a walk just for fun and to talk.
- E ____ Mum or Dad makes a point to give you a big hug and kiss you before you leave the house.

Group Two

- A ____ Mum or Dad tells you how much he or she appreciates you.
- B ____ Mum or Dad volunteers to type your homework for you so you won't have to.
- C ____ Mum or Dad brings you home a special food treat from the local bakery.
- D ____ Mum or Dad invites you to sit down and talk about your day.
- E ____ Mum or Dad gives you a hug even when you are just passing by room to room.

Group Three

- A ____ Mum or Dad during a party shares about the great grades you got in school.
- B ____ Mum or Dad helps pick up your room.
- C ____ Mum or Dad surprises you with a present you didn't know you were getting.
- D ____ Mum or Dad surprises you with a special afternoon trip.
- E ____ Mum or Dad holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.

Group Four

- A ____ Mum or Dad praises you about one of your special abilities.
- B ____ Mum or Dad brings you breakfast in bed.

- C ____ Mum or Dad surprises you with a book you always wanted.
- D ____ Mum or Dad plans a special night out for the two of you.
- E ____ Mum or Dad will personally drive you to an event instead of you having to go on the old, crowded bus with the team.

Group Five

- A ____ Mum or Dad tells you how much his or her friends appreciate you.
- B ____ Mum or Dad takes the time to fill out the long forms for school that you thought you were going to have to fill out yourself.
- C ____ Mum or Dad sends you something special through the mail.
- D ____ Mum or Dad kidnaps you for lunch and takes you to your favorite restaurant.
- E ____ Mum or Dad gives you a back rub.

(Transfer your scores from your test questions to the scoring profile below.)

	Encouraging Words	Acts of Service	Gift-Giving	Quality Time	Touch
Group 1	A ____	B ____	C ____	D ____	E ____
Group 2	A ____	B ____	C ____	D ____	E ____
Group 3	A ____	B ____	C ____	D ____	E ____
Group 4	A ____	B ____	C ____	D ____	E ____
Group 5	A ____	B ____	C ____	D ____	E ____
Totals	A _____	B _____	C _____	D _____	E _____

Compare your score with your spouse/child/parent. Write down from the primary to the least of the love languages of each family member.

1. _____
2. _____
3. _____
4. _____
5. _____

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